



Community Education

Lake Shore



2016



Learning
For
All Ages

Winter/Spring Brochure

Office Hours:

Monday – Friday 8:00 AM – 4:00 PM

42 Sunset Blvd., Angola, New York 14006

Phone: 926-2270

Fax: 926-2272

Visit us at the **William T. Hoag Educational Center** or

Go to www.lakeshorecsd.org under Community Education,

print registration forms, fill out, mail/or fax.

Schools Closed: Jan. 18 , Feb. 15-19, Mar. 21-25, May 27 & 30, 2016

Dedicated to the Memory

of

Sonya Chiappetta



You left fingerprints of grace

on many lives at

Lake Shore Community Education

as well as the whole community.

You will always be remembered.

GENERAL INFORMATION

LAKE SHORE COMMUNITY EDUCATION

BUILDING/PROGRAM ADMINISTRATOR - MRS. CHRISTINE STARKS
42 Sunset Blvd., Angola, NY 14006

Phone: 926-2210

Community Education Office: 926-2270

Fax: 926-2272

REGISTER

BY MAIL:

Enclose a check, made out to Lake Shore Central Schools (including driver's license #), money order, or credit/debit card payment for the amount of the registration fee with a completed registration form. Lab fees are not to be included with registration.

Mail to: LAKE SHORE CENTRAL SCHOOL COMMUNITY EDUCATION
42 Sunset Blvd., ANGOLA, NY 14006

IN PERSON:

Registrations will be received at the Community Education Office located in the William T. Hoag Educational Center, 42 Sunset Blvd., Angola, NY 14006.

MONDAY – FRIDAY 8:00 AM–4:00 PM

BY FAX: 24 hours a day, 7 days a week at 926-2272. credit card / debit card only for fax registration.

Credit/debit card payment – We accept American Express, MasterCard and Visa cards as payment. You must list your credit/debit card number, expiration date and sign your registration form. This may be done by mail, fax or in person.

Payment by personal check – We accept personal check payments when accompanied by valid driver's license number. This may be done in person or by mail. **THE CANCELLED CHECK IS YOUR RECEIPT.** A \$20.00 fee will be charged for any returned checks.

Make check payable to: Lake Shore Central School.

Lab Fees – Lab fees are paid directly to the course instructor the first meeting of the class.

Refunds/cancellations – The full fee will be refunded by check or credit if classes are filled, cancelled or if you wish to withdraw from a class at least one week prior to the class start date. *If withdrawal is requested one week prior to class start you may receive either a due bill for the full amount usable for a later class or a refund less \$5.00 processing fee.* **There will be NO refunds for any reason after the class start date.**

School Closing – When the schools are closed due to weather or any emergency, Community Education classes are also cancelled. Please refer to the local radio, television, or website for details.

Waivers – Waivers included in this brochure are required for all who participate in each Community Education class.

Please note that walk-in registration at class time and registration by phone will not be accepted.

Questions ?? Please call the Community Education office at 926-2270. **YOU WILL NOT HEAR FROM US UNLESS CLASSES ARE CANCELLED OR IF THERE IS A CHANGE IN THE DATE AND TIME.**

***Interested in offering a Community Education course?
Please provide the office with a course description,
time requirements, and phone number for follow-up!***

INTRODUCTION TO WATERCOLORS

Instructor: Chet Dimitroff

This class is designed to teach the fundamentals and techniques of Watercolors. Class is open to all levels from beginners to advanced painters. Please email Chet Dimitroff for list of supplies needed at chester.dimitroff@aol.com. Only the first twelve (12) applicants will be accepted. Must be pre-registered.

No class: March 21, 2016

WHO: Adults 18 and over
DATE: Feb. 29 - Apr. 25

WHERE: Senior High Room 139
TIME: 7:00 – 9:00 PM (8 classes)

WHEN: Monday
COST: \$50.00

INTRODUCTION TO OIL, PASTEL & ACRYLIC PAINTING

Instructor: Chet Dimitroff

This class is designed to teach the basic fundamentals in Oil, Pastel and Acrylic painting. Class is open to all levels from beginner to advanced painters. Please contact Chet Dimitroff at chester.dimitroff@aol.com for a list of supplies needed. There will be a maximum of twelve (12) applicants accepted in the class. Beginners are welcome!! Must be pre-registered. **No class: March 22, 2016**

WHO: Adults 18 and over
DATE: March 1 - Apr. 26, 2016

WHERE: Senior High Room 139
TIME: 7:00 – 9:00 PM (8 classes)

WHEN: Tuesday
COST: \$50.00

HOW TO MAKE GLASS BEADS

Instructor: Vicki Schneider

Turn hot glass into cool stuff! Join glass artisan Vicki Schneider at her beautiful studio for an introductory class in glass bead making. In just 3 hours you will make your own one-of-a-kind glass beads and enter the mystical and ancient world of 'lampworking.' This workshop will introduce you to the art of safely melting and manipulating soft glass. During the class most students will create from 3-6 colorful beads they can later turn into jewelry.

Vicki's studio (Expressive Glass) is located at 3333 Lake Shore Road (Route 5), near the Woodlawn Beach and is easily accessible from the Thruway and Milestrip Road.

COST: \$65.00 per person, includes 3 hours of instruction, all glass, tools and materials, plus one hour of complimentary studio time to be used within 30 days of your class.

WHO: Ages 15 and over (Under 18 must be accompanied by a responsible adult)

WHEN: Saturday, April 2 from 1:30 PM - 4:30 PM **OR**
Sunday, May 22 from 10:00 AM—1:00 PM ***Please specify course date on your Registration Form!***

FUN WITH FUSING

Instructor: Vicki Schneider

Make beautiful jewelry or decorative items from colorful pieces of glass you cut, arrange, and heat together in a kiln. Create your own design or follow one of our project templates. Choose to make two pendants, a pair of earrings, two refrigerator magnets, one sun catcher, one glass tile or one night-light. Additional fee for extra projects, multiple firings (if required), and dichroic glass. You can pick up your project after it's been fused and annealed (heated and cooled gradually to remove thermal stress) or it can be mailed to you for an additional fee. If your project requires a bail, earring backs, magnet or night-light assembly, you can complete it on a Saturday morning, the second or fourth Wednesday evening of the month or by appointment.

Vicki's studio (Expressive Glass) is located at 3333 Lake Shore Road (Route 5) near the Woodlawn Beach and is easily accessible from the Thruway and Milestrip Road.

COST: \$60.00 per person, includes 2.5 hours of instruction, all glass, tools and materials, plus one hour of complimentary studio time to be used within 30 days of your class.

WHO: Ages 15 and over (Under 18 must be accompanied by a responsible adult)

WHEN: Sunday, January 17 from 1:30—4:00 PM **OR**
Sunday, March 13 from 1:30—4:00 PM ***Please specify course date on your Registration Form!***

BACKYARD WILDLIFE

Instructor: Conrad Jason

This three night course will provide you information on how to promote wildlife in your backyard, we will discuss bird identification, native plants that will flourish in your yard, how to add ponds to the yard, how to photo shoot wildlife, pesticides and many other general topics. Brochures will be handed out in class.

WHO: Adults 18 & over
DATE: 2/23, 3/1, 3/8

WHERE: Senior High LGI
TIME: 6:30 - 8:00 PM

WHEN: Tuesday evenings
COST: \$17.00



NOTARY PUBLIC TRAINING COURSE



Instructor: Karen O'Connor

This is a prep class for those interested in becoming a Notary Public. In this class you will learn what you need to do to prepare for the New York State test. You will also learn what the duties of a Notary are along with NYS Notary laws and legal terminology. The handbook is distributed in class and is included in the class fee. The handbook includes everything you need to be successful.

WHO: Adults 18 & over
DATE: April 5, 2016

WHERE: W.T. Hoag Educ. Ctr. Room 127
TIME: 6:30 - 9:30 PM (1 class)

WHEN: Tuesday
COST: \$60.00

BULLY BUSTER BOOTCAMP

Instructor: Charles Kron

The Bully Beater Academy is a one-of-a-kind personalized program designed to protect your child from anti-social behavior. Using nationally recognized instructors and certified school social workers, we teach, empower and inspire our students to develop strong internal assets. These assets help defend against negative social interactions, bullying incidents, harassment, online attacks and gossip.

Your child will learn how to process negative interactions, how to de-escalate aggressive encounters and how to hold bullies accountable for their behavior. Parents learn how to understand their child's environment, how to properly respond to negative incidents and how to work with officials to extinguish bullying incidents at home, school or beyond. Role playing, gaming, live demonstrations, and videos keep the class entertaining and informative. Text message reminders to parents, and light homework exercise for the family, produce a cooperative learning environment between parent, instructor and child. There are four, one-hour classes for students. The course is delivered once per week, with parents attending a portion of the first and last class - which will be 1.5 hours in length. **To register for this class please do so at: www.BullyBeaterAcademy.Eventbrite.com.** Maximum class size: 24

WHO: Grades 5—12
DATE: 1/13 - 2/3 Session 1
DATE: 2/10, 2/24, 3/2, 3/9 Session 2

WHERE: Middle School Media Center
TIME: 6:00 - 7:30 PM

WHEN: Wednesday
COST: \$49.00 / session

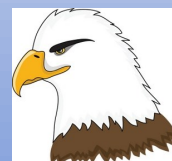
No class: February 17, 2016

OOPS! We didn't know you were coming!!

Sometimes courses are cancelled when too many people wait until the last minute to register.

Please register early.

Decisions on if a class will run or not are made based on PAID registrations. Classes with low enrollment are cancelled 48 hours in advance. Register early so you're not disappointed!



Call 926-2270
With any Questions

Certifications

BABYSITTER TRAINING – AMERICAN RED CROSS

Instructor: Patricia Start

This very popular course gives 11 – 16 year-olds the knowledge, skills and confidence to care for infants and school-age children, combining video, activities, hands-on skills training and discussions for the most complete learning experience. This course teaches participants to: respond to emergencies and illnesses with first aid, rescue breathing and other appropriate care, make decisions under pressure, communicate with parents to learn household rules, understand stages of child development, and recognize safety and hygiene issues, feed, diaper and care for infants. Limited to 10 Participants Must be pre-registered.

WHEN: Wednesday & Thursday, April 6 & 7, 2016
TIME: 3:30 PM – 6:30 PM (2 classes)

WHERE: Middle School Library
COST: \$45.00

Dance Instruction

BALLROOM DANCE FOR BEGINNERS

Instructor: Mary Joanne's Dance School

This is a beginner class . Dance instruction will be provided (show dance) in: Foxtrot, Waltz, Rumba and Tango with easy to learn steps. A partner is needed for class participation Join in for an evening of dancing.

No Class: February 15, and March 21.

WHO: Age 18 and up
WHERE: Highland Gym
WHEN: Monday evenings (8 sessions)



DATE: Jan. 25 - Mar. 28, 2016
TIME: 6:00 – 7:00 PM
COST: \$50 per person



LATIN/SWING DANCE



Instructor: Mary Joanne's Dance School

Energize with Latin and Swing dance! Dancing is a great way to meet new people, exercise, develop confidence, and have more fun at parties, dances and weddings. This class includes basic instruction for Merengue, Cha Cha, Rumba and Swing. No Class: February 15, and March 21.

WHO: Age 18 and up
WHERE: Highland Gym
WHEN: Monday evenings (8 sessions)

DATE: Jan. 25 - Mar. 28, 2016
TIME: 7:15 – 8:15 PM
COST: \$50 per person

NO NEWS IS GOOD NEWS

After you register for any of our terrific classes...don't camp out by your mailbox or wait by your phone...the only time you'll hear from us is:

- If there is a change in the date or location of the class or
- If the class is full

So, if it is almost time for your class and you haven't heard from our office, that is **GOOD NEWS:**
It Means YOU ARE IN!

Driving

5 HOUR PRE-LICENSING COURSE

Instructor: Sheldon Forman

This course is required prior to taking the road test. Learn safe driving, crash avoidance, how to deal with road rage and much more. Approved by New York State Department of Motor Vehicles.

Participants must have learners permit. \$10.00 processing fee for lost certificates.

WHO: Adults 16 and up

WHERE: Senior High Room 106

TIME: 4 00– 9:00 PM

COST: \$38.00

DATES: Wednesday, April 6,, 2016

Wednesday, May 11, 2016

Thursday, June 9, 2016

Please specify date on Registration form.



ONLINE DEFENSIVE DRIVING COURSE

How many times have you thought about taking a Defensive Driving course but couldn't find the time to spend 6 hours in the classroom? Now you have no excuse. The New York State Department of Motor Vehicles has recently passed legislation that allows New York's motorists to complete the 6-hour Insurance reduction course online rather than in a classroom.

Those that choose this option receive all the same benefits (10% insurance reduction for three years and up to 4 points removed from their driving record) as those who take the course in a classroom. Just go to www.empiresafetycouncil.com, enter code **CLJ4** to **receive a \$5.00 discount**. The really great part is you have up to 30 days to complete the course from the day you started. If you stop at any point when you log back on you are at the exact same point. Nothing is lost. Don't wait, sign up today.



DEFENSIVE DRIVING COURSE

Instructor: Donna Jeffers

Reduce insurance premiums up to 10%, get up to 4 points removed from your license, and learn to drive safely and deal with road rage! Approved by the Department of Motor Vehicles and offered through Empire Safety Council.

Must be pre-registered.

WHO: Adults 17 and over with valid drivers license

WHERE: Senior High - Room 106

TIME: 5:45 -9:00 pm

COST: \$40.00

WHEN: Monday & Tuesday evening

DATE: March 7 & 8, 2016

Business & Financial

IS A ROTH IRA RIGHT FOR YOU?

Instructor: Benjamin Hussong, JD

Most people have heard of a Roth IRA but may not fully understand the benefits or the limitations. We will explain the rules for Roth IRA's and who might benefit from this type of plan. We also review how they differ from Traditional IRA's and discuss Roth IRA conversions.

WHO: Adults 18 & over

WHERE: W.T.H. Ed. Center Rm 127

WHEN: Monday

DATE: February 8, 2016

TIME: 6:45 - 8:15 PM

COST: \$5.00

PLANNING FOR COLLEGE

Instructor: Benjamin Hussong, JD

This seminar provides a brief overview of the need to plan ahead for a college education and addresses the types of planning vehicles available, including UGMA/UTMA, Coverdell savings accounts and 529 plans.

WHO: Adults 18 & over

WHERE: W.T.H. Ed. Center Rm 127

WHEN: Wednesday

DATE: January 20, 2016

TIME: 6:45 - 8:15 PM

COST: \$5.00

SOCIAL SECURITY, MEDICARE, LONG-TERM CARE

Instructor: Benjamin Hussong, JD

This seminar provides helpful information about Social Security, Medicare and Long-Term Care. It discusses how they impact the ever-changing retirement environment.

WHO: Adults 18 & over

WHERE: W.T.H. Ed. Center Rm 127

WHEN: Wednesday

DATE: February 24, 2016

TIME: 6:45 - 8:15 PM

COST: \$5.00

PROTECTING YOUR BENEFITS WITH PENSION MAXIMIZATION

Instructor: Benjamin Hussong, JD

This class is designed for anyone who will receive a pension during their retirement. Prior to retiring, you will make choices about survivorship benefits, pop-ups, lump sums, and more. We will explain these options in simple terms and give you the information necessary to ensure you receive the maximum benefit from your pension.

WHO: Adults 18 & over

WHERE: W.T.H. Ed. Center Rm 127

WHEN: Wednesday

DATE: March 16, 2016

TIME: 6:45 - 8:15 PM

COST: \$5.00

Health & Fitness

FITNESS TRAINING FOR SENIORS

Instructor: Barb Hammond

Program consists of using Cardio equipment (treadmills, bikes, ellipticals and stair stepper), Strength equipment (free weights and weight machines) with stretching exercises during the last 5 minutes. Seniors can work out at their own pace with their peers. Wear sneakers and sweat clothes. (16 classes)

No Classes: March 22 & March 24th

WHO: Adults 55+ years
DATE: March 1 - April 28

WHERE: Fitness Center
TIME: 5:00 – 6:00 PM

WHEN: Tuesday & Thursday
COST: \$35.00

YOGA- DAO IN LUNG SHEN

Instructor: Susan Brown

This style of yoga was developed by Taoists Mystics to heal illness, process stress and slow the aging process. Rewards are many including increased flexibility, strength, grace and endurance. Cell organs and systems are benefited. This is a gentle style of yoga for all ages. Please bring a mat, water bottle and towel. **No Class on Feb. 16, and March 22** (18 classes)

WHO: Adults 18 and older
TIME: 6:15 – 7:15 PM

WHERE: A.J. Schmidt Gym
DATE: Jan 12 - May 24, 2016

WHEN: Tuesday
COST: \$35.00



**Looking for some ways to
stay healthy in 2016?
Join a fun fitness class or the
Fitness Center. Register Today!**

CIRCUIT TRAINING

Instructor: Mary Pratt

This class is a mix of 20 minutes cardio, 20 minutes body resistance and 20 minutes pilates/yoga. You will move and work every muscle in your body and then enjoy deep stretches after. Modifications always offered. Please bring water, mat and your enthusiasm to class. **No Class on Feb. 17 or March 9** 9 classes

WHO: Ages 14 and older
SESSION I: Jan. 6—March 16, 2016
SESSION II: April 6—June 1, 2016

WHERE: AJS Gym
TIME: 5:15 - 6:15 PM
TIME: 5:15 - 6:15 PM

WHEN: Wednesday
COST: \$25.00
COST: \$25.00

Please specify session on Registration form.

ZUMBA

Instructor: Carol Clark

Looking for a fun workout class? Dance your way into fitness with Zumba, a Latin inspired fitness class which combines high energy moves and easy to follow dance combinations. The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone the body, and maximize fat burning. You don't have to know how to dance to do Zumba. Zumba creates a party like atmosphere. It's a one of a kind combination of dance and exercise designed to put FUN back into fitness! All fitness levels are welcome. Come join the party. Please register early. No class on Feb 17 & March 23, 2016.

WHO: Adults 18 and older
WHEN: Wednesday (20 weeks)

WHERE: Highland Elementary gym
DATE: Jan 13 - June 8, 2016

TIME: 7:30 – 8:30 PM
COST: \$40.00

Health & Fitness

BIOGENESIS ENERGY HEALING

Instructor: Lynn Giardina

What is BioGenesis? When was it founded? How does it help the client emotionally, spiritually, and physically? What are chakras, and how does BioGenesis healing help cleanse/unblock them? Why is it important to cleanse our chakras and how will it affect our physical/emotional bodies? Each BioGenesis tool will be explained and demonstrated with a mini lesson with a volunteer in class.

WHO: Adults 18+

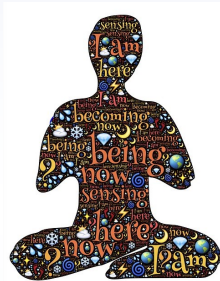
WHERE: Highland School Room 107

DAY: Wednesday

TIME: 5:30 - 8:30 PM

DATE: February 10, 2016

COST: \$12.00



MEDITATIVE & ARTISTIC SHARING

Instructor: Sondra Warnick-Holland

Do you find yourself stuck on go? If you feel like you're constantly running through your life without enough time set aside to nourish and explore your mind, join these meditation sessions. **No class: 1/18, 2/15, 3/21**

WHO: 18 and older

WHERE: W.T.H. Ed Center/Cafe

DAY: Monday

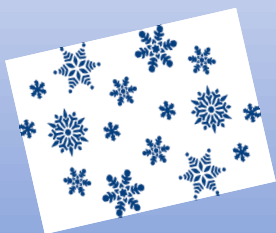
TIME: 6:30 - 8:00 PM

DATE: Jan 4—March 14

COST: \$40.00

SNOW DAY!?

If school is closed due to weather, there will be **NO** Community Education Courses that day as well.



BODYSHAPING BY SANDY

Register by calling (716) 568-0246

www.bodyshapingbysandy.com

Class Pricing—10 Week Semester—Registrations due by 12/30/2015

Pricing

- 1 Class per week (10 classes total) \$70 (no discounts apply)
- 2 classes per week (20 classes total) \$105.00
- 3 classes per week (30 classes total) \$145.00
- Aerobic Pass (Unlimited classes) \$180.00

Classes **CANNOT** be pro-rated, missed classes may be made up.

Classes may be taken one day or both days. Each day is a separate class. Example - a student may take Monday **OR** Wednesday for \$70 (total of 10 classes), to take Monday **AND** Wednesday, it is \$105.00 (total of 20 classes).

Classes may be free or discounted to members of some insurance plans—students need to come with their insurance info in order for us to check.

Signed waiver forms must be returned to Lake Shore Community Education Office at 42 Sunset Blvd., Angola, NY 14006 or faxed to: 716-926-2272.

Bodyshaping 20-20-20

20 minutes of Cardio...20 minutes of Resistance Training...and 20 minutes of Floorwork. You will feel your heart pumping and your muscles burning. Bodyshaping 20-20-20 is a perfectly balanced class to give your body everything it needs. **Bring a set of handweights and a floor mat. No class on 2/17 or 3/9.**

WHO: 18 yrs and over
WHEN: Wednesdays

WHERE: A.J. Schmidt Gym
DATE: January 13—April 6

TIME: 6:30—7:30 PM

CardioKICK—a combination of cardio/martial arts that will undoubtedly improve your endurance and cardiovascular fitness. Your workout will include kicking and punching routines along with toning and recovery periods to ZAP calories and define your muscles. Get in shape with this non contact cardio/martial art training to burn serious calories, look and feel great! **Bring a floor mat. No class on 2/18 or 3/24**

WHO: 18 yrs and over
WHEN: Thursdays

WHERE: Highland Gym
DATE: January 14—March 31

TIME: 6:00—7:00 PM

Sandy's CardioDANCE—Moves are designed for burning max calories to get you in shape while having fun! Get energized and take your dance workouts to the next level with this easy to follow class. The program includes a warm up followed by fat burning dance routines, and ending with a cool down. **No class on 2/16 or 3/22.**

WHO: 18 yrs and over
WHEN: Tuesdays

WHERE: Highland Gym
DATE: January 12—March 29.

TIME: 6:00—7:00 PM

Total Body Boot Camp - Combines the widest variety of training techniques into one class. An every evolving combination of cardio, bodyweight, and strength training keeps your muscles challenged for the best results. This effective workout is perfect for the busy person. **Bring a set of handweights & a floor mat. No class on 2/16, 2/18, 3/22 & 3/24.**

WHO: 18 yrs and over
WHEN: Tuesdays/Thursdays

WHERE: Highland Gym
DATE: January 12—March 31.

TIME: 7:15—8:15 PM

Tutoring and Test Preparation

4-HOUR SAT BOOT CAMP

Instructor: All-Pro Tutoring and Test Preparation

The new SAT test is here. This comprehensive review course will introduce the new test format and will help students improve their test scores. Includes: classroom instruction, test-taking strategies, testing information, and study materials. SAT tests are scheduled on March 5, May 7 & June 4, 2016. *Students are welcome to bring a lunch or snack.*

WHO: Grades 10-12
Session I: April 26 & 28, 2016 or
Session II: May 31 & June 2, 2016

WHERE: Senior High Room 107
TIME: 6:00 – 8:00 PM
DATE: 6:00 – 8:00 PM
COST: \$59.00/session
Please specify session on registration form!

TIME: 6:00 – 8:00 PM
DATE: 6:00 – 8:00 PM
COST: \$59.00/session

4 HOUR ACT BOOT CAMP

Instructor: All-Pro Tutoring and Test Preparation

The ACT Test is held in equal esteem as the SAT Test by most colleges and universities. In fact in 2013, the ACT test surpassed the SAT test for the first time in total test-takers. This comprehensive review course is designed to help students improve their ACT test scores and help get into the college of their choice. Course includes: classroom instruction, test-taking strategies, testing information, and study materials. ACT tests are scheduled on April 9 and June 11, 2016. *Students are welcome to bring a lunch or snack.*

WHO: Grades 10-12
DATE: June 7 & June 9, 2016

WHERE: Senior High Room 107
TIME: 6:00 – 8:00 PM

WHEN: Tuesday & Thursday
COST: \$59.00

WRITING THE COLLEGE APPLICATION ESSAY

Instructor: All-Pro Tutoring and Test Preparation

Do you want to ace your college application essay? Then this 2-1/2 hour workshop is for you! All the fundamentals of Standard English as well as essay strategies will be reviewed. Students will identify effective versus non-effective essays and apply these strategies to their own essay. Students will gain the confidence and knowledge necessary to write an effective college application essay. *Students are welcome to bring a lunch or snack.*

WHO: Grades 10-12
DATE: February 4, 2016

WHERE: Senior High Room 107
TIME: 6:00 – 8:30 PM

WHEN: Thursday evening
COST: \$49.00

9-Hour ACT Test Prep Course

Instructor: All-Pro Tutoring and Test Preparation

The ACT test is held in equal esteem as the SAT test by most colleges and universities. This 9-hour review course offers an in depth study of the ACT test and is designed to help students improve their ACT test score. Includes: classroom instruction with special attention to the new writing format, test-taking strategies, testing information, practice test, and workbook/study materials. ACT test dates: April 9 & June 11, 2016. *Students are welcome to bring a lunch or snack.*

WHO: Grades 10-12
DATE: 3/30, 4/4, & 4/6, 2016

WHERE: Senior High Room 107
TIME: 5:30 PM – 8:30 PM

WHEN: Wednesdays & Monday
COST: \$109.00

9-Hour SAT Test Prep Course

Instructor: All-Pro Tutoring and Test Preparation

Are you ready for the new SAT test? This 9-hour review course offers an in-depth study of the new SAT test format. It is designed to help students improve their SAT test score. Includes: classroom instruction, test-taking strategies, testing information, practice test, and workbook/study materials. SAT test dates: March 5, May 7 & June 4, 2016. *Students are welcome to bring a lunch or snack.*

WHO: Grades 10-12
DATE: 2/24, 2/29 & 3/2, 2016

WHERE: Senior High Room 107
TIME: 5:30 PM – 8:30 PM

WHEN: Wednesdays & Monday
COST: \$109.00

PUBLIC SPEAKING & PRESENTATION SKILLS FOR HIGH SCHOOL & COLLEGE STUDENTS

INSTRUCTOR: ALL-PRO TUTORING TEST PREP

Are you a high school or college student looking to improve your writing/public speaking skills and build your confidence when giving oral presentations? This 4-hour workshop will provide you with the necessary tools to give effective informational, commemorative, and persuasive speeches/presentations, as well as show you how to use power-point and other visual aids effectively. *Students are welcome to bring a lunch or snack.*

WHO: High School/College students
DATE: March 8 & 10, 2016

WHERE: Senior High Room 107
TIME: 6:00 PM—8:00 PM

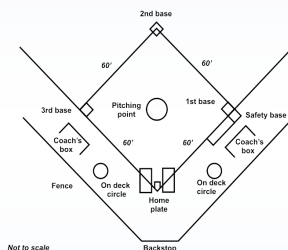
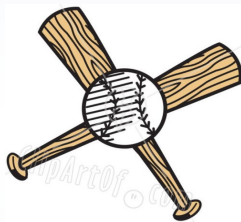
WHEN: Tues/Thurs
COST: \$59.00

SOFTBALL INSTRUCTIONAL - BEGINNERS**Instructor: Al Butlak**

Students will learn fundamentals of softball including catching, throwing, base running with some pitching and hitting instruction. They will also learn the rules and drills. No experience necessary, must bring own glove and sneakers. **No class:** February 18 & March 24

Minimum class size: 6**WHO:** Ages 7 - 10**WHERE:** J.T.Waugh Gym**COST:** \$45.00**DATE:** Jan.14—March 31**TIME:** 6:30 – 7:30 PM**WHEN:** Thursdays (10 weeks)**SOFTBALL INSTRUCTIONAL - ADVANCED****Instructor: Al Butlak**

Students will learn advanced training in softball in fielding, throwing, base running with some pitching and hitting. Rules and drills will be used and instructed. Some experience preferred. Must have own glove and sneakers. **No class:** February 18 & March 24

Minimum class size: 6**WHO:** Ages 11 - 14**WHERE:** J.T.Waugh Gym**COST:** \$45.00**DATE:** Jan.14—March 31**TIME:** 7:30 – 8:30 PM**WHEN:** Thursdays (10 weeks)**SOFTBALL HITTING - BEGINNERS****Instructor: Al Butlak**

Concentration on softball hitting. Learn proper grips and swings. Various batting drills used. No experience necessary. Helmet and bat not required, but encouraged to bring.

Minimum class size: 6 *On 2/8, 2/22 & 2/29 this class will meet at MS Aux gym to use batting cages* **No class:** January 18, February 15, & March 21

WHO: Ages 7 - 10**WHERE:** JTW & MS Aux Gym**COST:** \$45.00**DATE:** Jan.11—April 4**TIME:** 6:30 – 7:30 PM**WHEN:** Mondays (10 weeks)**SOFTBALL HITTING - ADVANCED****Instructor: Al Butlak**

Advanced class on softball hitting. Students will be instructed on how to improve their batting techniques. Some experience needed. Helmet and bat not required, but encouraged to use their own equipment. **Minimum class size: 6** *On 2/8, 2/22 & 2/29 this class will meet at MS Aux gym to use batting cages* **No class:** February 18 & March 24

WHO: Ages 7 - 10**WHERE:** JTW & MS Aux Gym**COST:** \$45.00**DATE:** Jan.11—April 4**TIME:** 7:30 – 8:30 PM**WHEN:** Mondays (10 weeks)

Swimming



Please register early for swimming programs! Often these programs are cancelled because too many people wait to the last minute to register.

OPEN / LAP SWIM

Instructor: Lifeguard

Use the pool to get a workout or to just enjoy time in the water.

WHERE: Middle School Pool

WHEN: Monday & Wednesday evenings.

DATE: January 25 - April 13, 2016

TIME: 7:30 – 8:30PM (10 weeks)

COST: \$40.00

No classes the weeks of Feb 15th & March 21st (Recess)

FAMILY SWIM

Instructor: Lifeguard

This program provides an open swim for adults and supervised children. Each adult is responsible for supervising no more than 2 children. Please note, children will not be able to participate without proper supervision.

WHERE: Middle School Pool

WHEN: Friday evening

DATE: Feb. 12 - April 15, 2016

TIME: 6:30 - 8:30 PM (8 weeks)

COST: \$50.00 per family (mom, dad, & children must be in the same family)



WATER AEROBICS FOR SENIORS

Instructor: Eileen Petersen

This program offers a gentle water aerobic program which follows audio taped instructions. Works all muscle groups in a gentle easy manner. Limited to 25 participants. (30 classes)

WHO: Adults 55+

WHEN: Tuesday & Thursday evenings

DATE: Feb. 2 - May 26, 2016

WHERE: Middle School Pool

TIME: 6:15 - 7:15 PM

COST: \$35.00



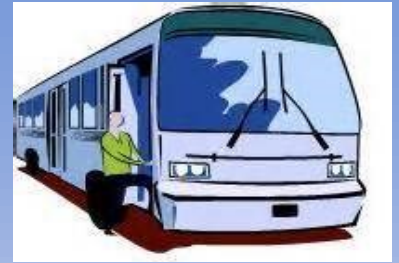
CAUTION FOR SWIMMERS:

Please be advised that pool temperatures are kept between 78 and 82 degrees. Because of the different swim activities, this temperature may be warm for lap swimmers and cold for sunrise swim. It is not suitable for those with arthritis. This temperature is the standard for Lake Shore Central School District pools. Some students may find that wearing a cotton-lined nylon windbreaker in the pool may make the water more comfortable.

TRIPS WITH 'KNOW HOW' TOURS

All Know How Tours depart from: 355 Orchard Park Rd. in West Seneca (formerly the Seneca Mall).

It is accessible from Slade or Orchard Park Rd near Thruway Exit 55 E. Park at the far end of Tops near the poles with the letters 'I' or 'F'



'BEAUTIFUL' The Carole King Musical

Sunday, March 20, 2016

Departs : 11:00 AM Returns: 5:30 PM

CENTER ORCH. SEATING *\$145.00

SIDE ORCH. SEATING *\$130.00

We're off to SHEA'S PERFORMING ARTS CENTER for the afternoon MATINEE performance of BEAUTIFUL – Tells the Tony Award®-winning inspiring true story of King's remarkable rise to stardom, from being part of a hit songwriting team with her husband Gerry Goffin, to her relationship with fellow writers and best friends Cynthia Weil and Barry Mann, to becoming one of the most successful solo acts in popular music history. Along the way, she made more than beautiful music, she wrote the soundtrack to a generation. Featuring a stunning array of beloved songs written by Gerry Goffin/Carole King and Barry Mann/Cynthia Weil, including "I Feel The Earth Move," "One Fine Day," "(You Make Me Feel Like) A Natural Woman," "You've Got A Friend" and the title song, BEAUTIFUL. Prior to the show, we will enjoy a delicious SIT DOWN LUNCH at THE FABULOUS 716 RESTAURANT AT HARBOR CENTER.

CHOOSE ONE ENTRÉE (Specify it on the Registration Form)

- Fresh Atlantic Salmon
- Pasta with fresh shrimp, scallops
- Blackened Flat Iron Steak
- Boneless Chicken Breast

BLUE MAN GROUP

Sunday, February 14, 2016

Departs : 11:00 AM Returns: 5:30 PM

CENTER ORCH. SEATING *\$159.00

SIDE ORCH. SEATING *\$149.00

We're off to SHEA'S PERFORMING ARTS CENTER for the afternoon MATINEE performance of BLUE MAN GROUP – Experience the Phenomenon. BLUE MAN GROUP is best known for their wildly popular theatrical shows and concerts which combine comedy, music, and technology to produce a totally unique form of entertainment. The New York Times heralds the show as "One of the most delightful performance pieces ever staged." E! Entertainment News exclaims, "BLUE MAN GROUP is what every live performance aspires to be." The Baltimore Sun raves, "Blue Man Group packs a wallop. It's a big, loud, funny, silly, visually arresting production!" Although it is impossible to describe, people of all ages agree that BLUE MAN GROUP is an intensely exciting and wildly outrageous show that leaves the entire audience in a blissful, euphoric state. With no spoken language, BLUE MAN GROUP is perfect for people of all ages, languages, and cultures. BLUE MAN GROUP is now on the road for its first U.S. theatrical tour. This unique experience is a form of entertainment like nothing else; guaranteed to be AN OUTING YOU WILL NEVER FORGET. Prior to the show, we will enjoy a delicious SIT DOWN LUNCH at THE FABULOUS 716 RESTAURANT AT HARBOR CENTER.

CHOOSE ONE ENTRÉE (Specify it on the Registration Form)

- Fresh Atlantic Salmon
- Blackened Flat Iron Steak
- Pasta with fresh shrimp, scallops
- Boneless Chicken Breast

LAKE SHORE FITNESS CENTER

\$80.00 Full Membership/Yr.

\$20.00 Track Only/Yr.

(Must be a Resident of the Town of Evans in the Lake Shore Central School District)

Please register at the Community Education office at the William T. Hoag Educational Center
42 Sunset Blvd.
Angola, NY 14006

HOURS OF OPERATION:

Monday – Friday 6:00 – 7:30 AM & 6:00 – 9:00 PM
Saturday 8:00 AM – 2:00 PM

Registration forms are online at www.lakeshorecsd.org under Community Education and are also located at the Community Education Office and Fitness Center.

EAGLE'S LANDING SUMMER PROGRAM

It's not too early to begin thinking about summer vacation!

Plans are underway for our 2016 summer recreation program.

Who can participate: Town of Evans Students grades 1-8

Lead in Week: June 27 to July 1, 2016

Eagle's Landing: July 5 to August 12, 2016

Location of Program: Lake Shore Senior High School

Registration forms will be available after

April 1, 2016 at the

Community Education Office in the William T. Hoag Educational Center
42 Sunset Blvd., Angola, NY 14006

Phone: 926-2270 Fax: 926-2272

Mail registration forms along with payment to:
Lake Shore Community Education, 42 Sunset Blvd., Angola, NY 14006 or
Drop off registrations at the Community Education Office located in the William T. Hoag Educational Center.
Office hours: Monday-Friday 8:00 am—4:00 pm.

Phone: 926-2270

Fax: 926-2272

LAKE SHORE COMMUNITY EDUCATION OFFICE REGISTRATION FORM

Last Name _____ First Name _____ Phone _____

Address _____ Zip Code _____ Evening Phone _____

Age of Participant _____ If under 18 Parents Name _____

Grade _____ School _____ Please list if child has any special needs _____

Emergency Contact and Phone _____ Email Address _____

	PROGRAM NAME	DAY (s)	Start & End Dates	TIME	FEE
1.	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____
3.	_____	_____	_____	_____	_____
4.	_____	_____	_____	_____	_____

If participating in Youth Swim Lessons, please list the level you are signing your child up for

Method of Payment: Check/Money Order # _____ Credit Card _____ Cash _____ Total Fee Paid _____

If paying by check please provide Driver's License # _____ Receipt # _____

--	--	--	--	--	--	--	--	--	--

Credit Card Exp. Date _____

I authorize Lake Shore Central School District to charge my MasterCard/Visa credit card account # and expiration date below, for the above registered classes.

Signature _____

Date _____

LAKE SHORE COMMUNITY EDUCATION WAIVER FORM

I, (Print Name) _____ and/or my son/daughter _____ hereby acknowledge that I have consulted with my physician and attest that there are no ailments or conditions that could prevent me or him/her from participating in a physical education activity or class. Accordingly, I hereby consent to and wish my child to participate in the physical education class of the Lake Shore Community Education, and to do so without securing a physician's certificate or examination, which I deem to be unnecessary. I hereby release Lake Shore Community Education from any and all liability and waive any claim for injury that might have been fore-stalled, foreseen, determined, anticipated or uncovered by a physical examination, and accordingly do agree to hold harmless and indemnify the Lake Shore Community Education for any related costs, expenses or losses (including legal fees) which may be related to any such condition which could or would have been discovered by a physical examination. I also hereby release Lake Shore Community Education from any and all liability for personal property damaged, lost or stolen.

Signature _____

Date _____

*Signature is required for **ALL** classes*

Please Complete Entire Form

**PLEASE NOTE: PRE-REGISTRATION IS REQUIRED.
WALK-IN REGISTRATION AT CLASS TIME AND
REGISTRATION BY PHONE IS NOT ACCEPTED.**